When is it time to consider Edgewood Vista Memory Care Assisted Living?

You notice difficulty performing daily activities:

- 1. Wearing the same clothing multiple days.
- 2. Personal hygiene is suffering and they are not bathing and grooming frequently.
- 3. Skipping meals and not bothering to prepare meals.
- 4. Laundry and housekeeping are becoming difficult and a burden.
- 5. They are isolating themselves to only a few rooms in their home.

You notice increased memory loss and confusion:

- 1. They are repeating questions and statements.
- 2. Making repetitive phone calls with the same questions.
- 3. Wandering.
- 4. Trusting strangers, falling for scams, becoming the victim of elder abuse.
- 5. Forgetting to do things that once were routine like paying bills or picking up the mail.
- 6. Leaving the stove on and frequently misplacing items around the house.

You are concerned about medication management and administration concerns:

- 1. Forgetting to take medication, taking more medication than is required or missing dosages.
- 2. Running out of medication or not properly ordering medication from the pharmacy.
- 3. Keeping expired medication.

Lack of socialization:

- 1. Losing touch with friends and isolating themselves to their home.
- 2. Loss of interest in activities that they once enjoyed, such as going to church.
- 3. Showing signs or having a diagnosis of depression, for example sleeping or crying a lot.
- 4. Loss of a spouse, relative and/or long time friend.
- 5. Loss of drivers license and mode of transportation.

Fear and Anxiety:

- 1. Becoming increasingly paranoid or fearful of others.
- 2. Afraid to be left alone.
- 3. Becoming increasingly dependent on family members.
- 4. Fear of surroundings and neighborhood.

Safety Concerns:

- 1. Stairs and clutter make it more likely for falls, trips and stumbles.
- 2. Difficulty getting out of the bathtub or when using the toilet.
- 3. Clutter in home is causing fall or trip risks.

